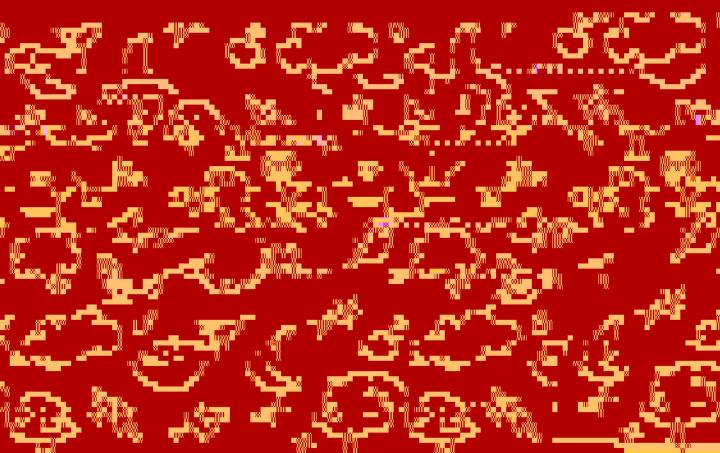
[INSERT SERVICE NAME]

[INSERT MONTH YEAR]



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Fit Kidz Club – Athletics Phase 2

On this day, children will learn the skills required to compete in hurdles and sprinting.

Fit Kidz Club – Grand Finale

On this day, children will demonstrate the skills they have learned over the last few weeks with a day of competition.

Last Day of School

On this day, we will have a little end of term party to celebrate the last day of Term.



Al Sraat College, August 2021

oshclub.com.au

Muesli Cookies

• / / /

Ingredients:

- •3 cups homemade toasted muesli
- •1/2 cup (75g) plain flour
- •100g butter, melted, cooled
- •1/3 cup honey
- •1 egg, lightly beaten

Method:

- Preheat the oven to 170 degreed Celsius. Line two baking trays with baking paper.
- 2. Combine muesli and flour in a bowl. Whisk egg, butter and honey together.
- 3. Add egg mixture to oats mixture and mix well. Set aside for 15 minutes. Then, make little balls and flatten onto baking tray.
- 4. Bake for 10 minutes and there you have it...Delicious Muesli Cookies.

Joke of the week: What did the left eye say to the right eye? Between us, something smells!

Fri 2:15-6:15

Mon-Thurs 3:00-6:30

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